

Child Depression Inventory (CDI)

Name: Date of Birth: Date Completed:

Kids sometimes have different feelings and ideas.

This form lists the feelings and ideas in groups. From each group, pick one sentence that describes you best for the past two weeks, there are no right or wrong answers. Just pick the sentence that best describes the way you have been feeling recently.

Here is an example of how this works: select the one that describes you best

☐	I read books all the time.
☐	I read books once in a while.
☐	I never read books.

Remember to pick the sentence that best describes your feelings and ideas in the past two weeks:

☐	I am sad sometimes.	☐	Nothing will ever work out for me.
☐	I am sad most times.	☐	I am not sure if things will work out for me.
☐	I am sad all of the time.	☐	Things will work out for me.

☐	I do most things ok.	☐	I have fun most of the time.
☐	I do many things wrong.	☐	I have fun sometimes.
☐	I do everything wrong.	☐	Nothing is fun at all.

☐	I am bad all of the time.	☐	I think about bad things happening to me.
☐	I am bad many times.	☐	I worry that bad things will happen to me.
☐	I am bad once in a while.	☐	I am sure that bad things will happen to me.

☐	I hate myself.	☐	All bad things are my fault.
☐	I do not like myself.	☐	Many bad things are my fault.
☐	I like myself.	☐	Bad things are not usually my fault.

☐	Things bother me all the time.	☐	I like being with people.
☐	Things bother me many times.	☐	I do not like being with people many times.
☐	Things bother me once in a while.	☐	I do not want to be with people at all.

☐	I cannot make up my mind about things.	☐	I look ok.
☐	It is hard to make up my mind about things.	☐	There are some bad things about my looks.
☐	I make up my mind easily.	☐	I look ugly.

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☐	I do not think about killing myself.	☐	I feel like crying every day.
☐	I think about killing myself, but I would not do it.	☐	I feel like crying many days.
☐	I want to kill myself.	☐	I feel like crying once in a while.

☐	I always have to push myself to do my schoolwork.	☐	I have trouble sleeping every night.
☐	I sometimes have to push myself to do my schoolwork.	☐	I have trouble sleeping some nights.
☐	Doing school work is not a big problem.	☐	I sleep pretty well.

☐	I am tired once in a while.	☐	Most days I do not feel like eating.
☐	I am tired many days.	☐	Some days I do not feel like eating.
☐	I am tired all the time.	☐	I eat pretty well.

☐	I do not worry about aches and pains.	☐	I do not feel alone.
☐	I sometimes worry about aches and pains.	☐	I feel alone sometimes.
☐	I worry about aches and pains all the time.	☐	I feel alone all the time.

☐	I never have fun at school.	☐	I have plenty of friends.
☐	I have fun at school sometimes.	☐	I have some friends, but wish I had more.
☐	I have fun at school all the time.	☐	I do not have any friends.

☐	My schoolwork is all right.	☐	I can never be as good as other kids.
☐	My schoolwork is not as good as before.	☐	I can be as good as other kids if I want to.
☐	I do badly in subjects I used to be good in.	☐	I am just as good as other kids.

☐	Nobody really loves me.	☐	I usually do what I am told.
☐	I am not sure if anybody loves me.	☐	I do not do what I am told sometimes.
☐	I am sure that somebody loves me.	☐	I never do what I am told.

☐	I get along with other people.		
☐	I get into fights sometimes.		
☐	I get into fights all the time.		